# Trial Ticket to Wellbeing program

This factsheet provides point in time information about the 2025-26 trial Ticket to Wellbeing program. For the latest program information please visit www.tickettowellbeing.tas.gov.au.

- Are you 65 or over and live in Tasmania?
- Are you listed on a Services Australia Health Care or Pensioner Concession Card?
- If so, then you are eligible to apply for a \$100 Ticket to Wellbeing voucher in the 2025-26 trial round.

Please note: Vouchers are limited, and the program will close when all available vouchers have been issued. Vouchers can be used with an approved provider by **5 June 2026**.

## How do I apply?

You can apply online at <a href="www.tickettowellbeing.tas.gov.au">www.tickettowellbeing.tas.gov.au</a>. You will need a valid email address and a copy of your Services Australia Health Care or Pensioner Concession Card.

You can also apply by using an <u>application form</u> and visiting a <u>service centre</u>.

### What can I use my voucher for?

Vouchers can be used for membership fees at sporting clubs, aquatic centres, gyms, tai chi, yoga and other active recreation activities that have registered for the program.

# How do I find an activity?

A list of current places to participate is available at the <u>Ticket to Wellbeing website</u> which is regularly updated as more organisations join the program. A snapshot of registered sports and multisport/gyms are provided below.

## How do I apply if I don't have internet access or an email address?

A friend, family member, chosen club/organisation or local community centre can help you to apply via the website. You can access the internet for free at your local library and even book a time for a library volunteer to help you.

You can set up a free email account through providers including Gmail, Yahoo Mail or Mail.com.

### Can I use my voucher more than once of the cost is less than \$100?

No. Vouchers are single use only. Any remaining amount is not redeemable for cash and cannot be used towards membership at another activity provider.

## I need support.

If you need help, please contact Active Tasmania by email at <a href="mailto:tickettowellbeing@active.tas.gov.au">tickettowellbeing@active.tas.gov.au</a> or call **1800 252 476** which operates between 9-4pm Monday to Friday.



## **Ticket to Wellbeing Activity Providers**

In 2025 there are over 300 activity providers statewide, including some of the following sports:

**AQUATIC GOLF SHOOTING** AQUATIC/GYM **GYM SOFTBALL ARCHERY HOCKEY SQUASH SURF LIFE ATHLETICS KARATE SAVING BADMINTON MOTORSPORT SWIMMING BASKETBALL MULTISPORT TABLE TENNIS BOWLS NETBALL** 

TAI CHI **CROQUET ORIENTEERING TENNIS** DANCE **PICKLEBALL TENPIN PILATES DRAGON BOAT BOWLING EQUESTRIAN ROWING TRIATHLON** FOOTBALL (AFL) **SAILING VOLLEYBALL GIRL GUIDES SCOUTS** YOGA

## A snapshot of gyms and multisport centres:

360 MARTIAL ARTS & FITNESS KINGBOROUGH SPORTS CENTRE
ALL ABOUT FITNESS LAUNCESTON AND HOBART PCYC

ALLCARE PHYSIOTHERAPY LAUNCESTON INSTITUTE OF FITNESS AND TRAINING

AMPLIFY FITNESS LAUNCESTON LEISURE AND AQUATIC CENTRE

A-NEW FITNESS LEAP HEALTH

ANYTIME FITNESS
ARTHRITIS FOUNDATION OF TASMANIA INC.

BELLERIVE HEALTH HUB

MARIA COAST FITNESS
MOTIVITY FITNESS
MY GYM (TAS) PTY LTD

BODY CONNECT EXERCISE PHYSIOLOGY NORTHERN PHYSIOTHERAPY SERVICES PTY LTD

BUCAAN COMMUNITY HOUSE INC. OCEANA AQUATIC & FITNESS

BUFF FITNESS OPTIMAL HEALTH

BURNTHEORY PENGUIN HILLS YOGA & PILATES
CURVES LAUNCESTON PERSONAL BEST FITNESS TAS

DISCOVERY SPORTS PERFORMANCE PTY LTD PHYSIOFIT

DOONE KENNEDY HOBART AQUATIC CENTRE PYCSAM HEALTH AND FITNESS CLUB

EMERGE HEALTH AND WELLNESS QUICKFIT COMPANY GYMS EMPOWER EXERCISE STUDIO RUN MOVE CONNECT

FINGAL VALLEY NEIGHBOURHOOD HOUSE SARAH CASTLEY WOMEN'S FITNESS SPECIALIST

FITNESS 4 U (TAS) SEA-LYONS AQUATICS

FREEDOM HEALTH AND WELLNESS SOUTHERN MIDLANDS COUNCIL

FRIENDS HEALTH AND FITNESS SPLASH DEVONPORT AQUATIC & LEISURE CENTRE

GREEN LIGHT HEALTH SWIRL CIRCULAR HEAD

HEALTHGLO FITNESS AND LEISURE THE DEVONPORT COUNTRY CLUB

HEALTHY HORIZONS THE TRAINING FIX

HEALTHY TRAINING PTY LTD

THE UNIVERSITY OF THE THIRD AGE - PORT SORELL

HOBART EXERCISE PHYSIOLOGY PTY LTD

ULTIMATE FITNESS KICK
HUON VALLEY PCTC

WEST TAMAR FITNESS
HYBRID FITNESS AU

WYNYARD FITNESS

JO CC HOLISTIC PT